

College Transition Checklist

Student Name: _____

Graduation Year: _____

1. DOCUMENTATION & RECORDS

- ☐ Most recent IEP/504 Plan
- ☐ Most recent Psychoeducational Evaluation (within last 3 years)
- ☐ Diagnosis documentation from a licensed provider (if applicable)
- ☐ Summary of academic accommodations used in high school
- ☐ Medical records or health plan (if health-related needs exist)
- ☐ Transition Plan from IEP (if applicable)

2. SELF ADVOCACY SKILLS

- ☐ Student can describe their disability and how it impacts learning
- ☐ Student knows what accommodations they use and why
- ☐ Student is able to request help or accommodations independently
- ☐ Student understands time management and organization strategies
- ☐ Student can manage medications or health-related needs

3. POST-SECONDARY EXPLORATION

- ☐ Researched colleges/programs that support students with disabilities
- ☐ Scheduled campus visits or virtual tours
- ☐ Connected with the college's Disability Services Office
- ☐ Asked about accommodations process and documentation requirements
- ☐ Explored support programs (i.e., mentoring, tutoring, coaching)

4. APPLICATIONS & PLANNING

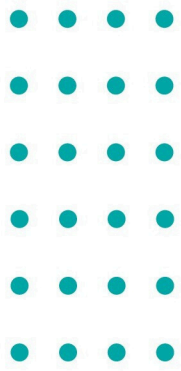
- ☐ Completed college applications
- ☐ Requested letters of recommendation
- ☐ Applied for financial aid (FAFSA)
- ☐ Explored scholarships for students with disabilities
- ☐ Started building a class schedule or orientation plan
- ☐ Registered with the Disability Services Office (before classes begin)



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5. INDEPENDENT LIVING

- ☐ Practicing independent time and task management
- ☐ Managing personal finances or budgeting
- ☐ Using public transportation or campus transit
- ☐ Handling laundry, meals, and self-care
- ☐ Managing stress, self-care, and mental health needs

6. FAMILY COMMUNICATION

- ☐ Discussed changing family roles and student independence
- ☐ Identified who to contact in emergencies
- ☐ Reviewed how FERPA affects parent access to information
- ☐ Set up a system to check in regularly without hovering

Notes

